

# VERBAL VIRTUOSO

*Swift, Decisive, Efficient*

Your time for PSAT prep each week is limited, so you'll need to follow an **efficient** study plan that makes the most of it. Your study plan will enable you to **decisively** zero in on your study targets, pinpointing the most important Math concepts and using your Verbal abilities to **swiftly** read through the passages you encounter to earn the most points on test day.

**How to Use Your Study Plan:** The study plan below is based on your results, with your areas of opportunity on the left side of each week's plan and your areas of strength toward the right. Each week, the Recommended chapters cover the topics that are worth the most points on the PSAT, so be sure to prioritize those items. To make your prep as efficient as possible, choose Optional items that best fit your study needs and schedule. If you fall behind or don't have 4 full weeks to study, be sure to prioritize the Recommended items. Happy prepping!



## WEEK 1

### Format of the PSAT

Knowing what to expect on each section of the PSAT will give you confidence on test day—you'll have no surprises about what types of questions you'll be asked.

During these weeks, you'll:

- Become comfortable with the structure of the PSAT
- Learn the Kaplan Methods for each test section

#### Week 1

Overall Study	Math	Reading	Writing and Language
<u>Recommended:</u> <ul style="list-style-type: none"><li>❑ <b>Chapter 1:</b> Inside the PSAT</li><li>❑ Acquaint yourself with the format of the test by looking through the <b>Practice Tests</b> at the end of your book</li></ul>	<u>Recommended:</u> <ul style="list-style-type: none"><li>❑ <b>Chapter 3:</b> The Method for PSAT Math Questions</li></ul>	<u>Recommended:</u> <ul style="list-style-type: none"><li>❑ <b>Chapter 10:</b> The Method for PSAT Reading Questions</li></ul>	<u>Recommended:</u> <ul style="list-style-type: none"><li>❑ <b>Chapter 14:</b> The Method for PSAT Writing and Language</li></ul>
<u>Optional:</u> <ul style="list-style-type: none"><li>❑ <b>Online Video:</b> Introduction to the PSAT</li></ul>	<u>Optional:</u> <ul style="list-style-type: none"><li>❑ <b>Chapter 2:</b> Prerequisite Skills and Calculator Use</li><li>❑ <b>Online Video:</b> The Method for PSAT Math Questions</li></ul>	<u>Optional:</u> <ul style="list-style-type: none"><li>❑ <b>Online Video:</b> The Method for PSAT Reading Questions</li></ul>	<u>Optional:</u> <ul style="list-style-type: none"><li>❑ <b>Online Video:</b> The Method for PSAT Writing and Language Questions</li></ul>

1 Month Study Plan, More Confident in Verbal, Less than 5 Hours a Week



## WEEK 2

### Highest-Yield Topics

Let's cut right to the chase: some topics are tested on the PSAT more heavily than others. That means that mastering those topics has the potential to earn you a ton of points on test day.

During these weeks, you'll:

- Study the highest point yield topics in Math and Writing and Language
- Master the foundations of strategic Reading

#### Week 2

Math	Reading	Writing and Language
<u>Recommended:</u> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 4:</b> Linear Equations and Graphs</li></ul>	<u>Recommended:</u> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 11:</b> PSAT Reading Passage Strategies</li></ul>	<u>Recommended:</u> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 15:</b> Spotting and Fixing Errors<ul style="list-style-type: none"><li><input type="checkbox"/> How Much Do You Know?</li></ul></li><li>Sentence Structure:<ul style="list-style-type: none"><li><input type="checkbox"/> The Basics</li><li><input type="checkbox"/> Commas, Dashes, and Colons</li></ul></li></ul>
<u>Optional:</u> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 6:</b> Ratios, Proportions, and Percents</li><li><input type="checkbox"/> <b>Chapter 7:</b> Tables, Statistics, and Probability</li></ul>		<u>Optional:</u> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 15:</b> Spotting and Fixing Errors<ul style="list-style-type: none"><li>Agreement:<ul style="list-style-type: none"><li><input type="checkbox"/> Verbs</li><li><input type="checkbox"/> Pronouns</li><li><input type="checkbox"/> Modifiers</li><li><input type="checkbox"/> Idioms</li></ul></li><li><input type="checkbox"/> How Much Have You Learned?</li></ul></li></ul>



## **WEEK 3**

### **Areas of Opportunity and Practice Test**

Now it's time to dig into some challenging topics. You can do this! Your goal is not to learn everything about, say, geometry or punctuation, but rather to learn the most commonly-tested PSAT concepts and to familiarize yourself with questions in that category.

It's also time for some authentic practice. Taking a Practice Test under real test-like conditions is the best way to solidify what you've learned and to practice test-taking strategies. Plus, your results will help you make a plan for your remaining study time until test day.

#### **Tips for Taking Practice Tests:**

Make the Practice Test count! Time yourself, eliminate distractions, and use your test-taking strategies (see Chapter 1), just as you would for the real test. Practice using the Methods for each test section (Math, Reading, and Writing and Language) on every question—even if doing so takes more time now, practicing will improve your speed so the Methods are second nature on the real test day.

After finishing the Practice Test, it is vital that you *review your results*. Dig into each question—think not only about why you got a question correct or incorrect but also about whether you approached the question strategically. For each question, ask yourself: What can I learn about this type of question? After reviewing, use your test results to help you plan what to study until test day.

During these weeks, you'll:

- Take a Practice Test
- Review the Practice Test
- Improve your performance on your areas of opportunity on each section of the test



**Week 3**

Overall Study	Math	Reading	Writing and Language
<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Practice Test 1</b></li> <li><input type="checkbox"/> Review <b>Practice Test 1</b></li> <li><input type="checkbox"/> <b>Chapter 16:</b> Countdown to Test Day</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 8:</b> Functions</li> <li><input type="checkbox"/> Review chapter(s) based on Practice Test results</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 12:</b> PSAT Reading Question Types</li> <li><input type="checkbox"/> Review chapter(s) based on Practice Test results</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 11 (online):</b> Spotting and Fixing Issues               <ul style="list-style-type: none"> <li><input type="checkbox"/> How Much Do You Know?</li> </ul> </li> <li>Development:               <ul style="list-style-type: none"> <li><input type="checkbox"/> Precision</li> <li><input type="checkbox"/> Relevance</li> <li><input type="checkbox"/> Revising Text</li> <li><input type="checkbox"/> Introductions and Conclusions</li> </ul> </li> </ul>
	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 9:</b> Quadratics</li> </ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 13:</b> Answering PSAT Reading Questions</li> <li><input type="checkbox"/> <b>Appendix 8 (online):</b> Paired Passages and Primary Source Passages</li> <li><input type="checkbox"/> <b>Appendix 9 (online):</b> Literature Passages</li> </ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 11 (online):</b> Spotting and Fixing Issues</li> <li>Organization:               <ul style="list-style-type: none"> <li><input type="checkbox"/> Conciseness</li> <li><input type="checkbox"/> Transitions</li> <li><input type="checkbox"/> Sentence Placement</li> <li><input type="checkbox"/> Graphs</li> <li><input type="checkbox"/> How Much Have You Learned?</li> </ul> </li> </ul>



## **WEEK 4**

### **Strengths Focus**

You've worked so hard! There's only one week left, but you are well-situated for success. Now things get kind of fun: take those topics you're awesome at, and get more awesome at them before test day! Celebrate your successes and take this opportunity to get even better. You'll also learn section management strategies for each section of the PSAT. Finally, do some light practice leading up to the big day.

During these weeks, you'll:

- Focus on your strongest topics to build confidence for test day
- Learn section management strategies for each section of the PSAT
- Do light practice until test day



## Week 4

Math	Reading	Writing and Language
<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 7 (online):</b> PSAT Math: Section Management               <ul style="list-style-type: none"> <li><input type="checkbox"/> PSAT Math Timing and Section Management Strategies</li> <li><input type="checkbox"/> Try On Your Own</li> </ul> </li> <li><input type="checkbox"/> Review strengths chapter(s) based on Practice Test results</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 10 (online):</b> PSAT Reading: Section Management               <ul style="list-style-type: none"> <li><input type="checkbox"/> Timing</li> <li><input type="checkbox"/> Section Management</li> </ul> </li> <li><input type="checkbox"/> Review strengths chapter(s) based on Practice Test results</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 12 (online):</b> PSAT Writing and Language: Section Management               <ul style="list-style-type: none"> <li><input type="checkbox"/> Timing</li> <li><input type="checkbox"/> Section Management</li> </ul> </li> <li><input type="checkbox"/> Review strengths chapter(s) based on Practice Test results</li> </ul>
<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Online:</b> Math (Calculator) Practice Set</li> <li><input type="checkbox"/> <b>Online:</b> Math (No-Calculator) Practice Set</li> </ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 10 (online):</b> PSAT Reading: Timing and Section Management Strategies               <ul style="list-style-type: none"> <li><input type="checkbox"/> How Much Have You Learned?</li> </ul> </li> <li><input type="checkbox"/> <b>Online:</b> Reading Practice Set</li> </ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Appendix 12 (online):</b> PSAT Writing and Language: Timing and Section Management Strategies               <ul style="list-style-type: none"> <li><input type="checkbox"/> How Much Have You Learned?</li> </ul> </li> <li><input type="checkbox"/> <b>Online:</b> Writing and Language Practice Set</li> </ul>

Congratulations! You've put in the **swift, decisive** effort to complete your **efficient** review of the PSAT, following the way of the **Verbal Virtuoso**. Feel confident in your expert preparation!

