

# ADEPT ANALYST

*Productive, Focused, Energetic*

With limited time to prepare for test day, you need to study **productively**. You'll need to be **energetic** to stay **focused** on the practice that will maximize your Science skills while helping you build a foundation in English, Math, and Reading.

**How to Use Your Study Plan:** Each week, the Recommended chapters cover the topics that are worth the most points on the ACT, so be sure to prioritize those items. To make your prep as efficient as possible, choose Optional items that best fit your study needs and schedule. If you fall behind or don't have 4 full weeks to study, be sure to prioritize the Recommended items. Happy prepping!



## WEEK 1

### Foundations of the ACT

Knowing what to expect on each section of the ACT will give you confidence on test day—you'll have no surprises about what types of questions you'll be asked.

During this week, you'll:

- Become comfortable with the structure of the ACT
- Learn the Kaplan Methods for each test section

#### Week 1

Overall Study	English and Reading	Math	Science
<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 1:</b> Inside the ACT</li><li><input type="checkbox"/> Explore the test maker's website and register for the ACT</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 2:</b> The Method for ACT English</li><li><input type="checkbox"/> <b>Chapter 15:</b> The Method for ACT Reading</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 7:</b> The Method for ACT Math Questions</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 22:</b> The Method for ACT Science</li></ul>
<p><u>Optional:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Practice Test E</b> (online)</li><li><input type="checkbox"/> Review <b>Practice Test E</b></li><li><input type="checkbox"/> <b>Chapter 27:</b> The Method for the ACT Writing Test <i>(If you're unsure about whether to take the essay on test day, check out the section Should I Write the ACT Writing Test?)</i></li></ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Online Video:</b> The Method for ACT English</li><li><input type="checkbox"/> <b>Online Video:</b> The Method for ACT Reading Questions</li></ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Chapter 6:</b> Prerequisite Skills and Calculator Use</li><li><input type="checkbox"/> <b>Online Video:</b> The Method for ACT Math</li></ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"><li><input type="checkbox"/> <b>Online Video:</b> The Method for ACT Science</li></ul>



## WEEK 2

### High-SmartPoints Topics

Let's cut right to the chase: some topics are tested on the ACT more heavily than others. Kaplan has assigned a SmartPoints number to each topic on the ACT—the higher the SmartPoints number, the more that topic is tested. That means that mastering those topics with the highest SmartPoints values has the potential to earn you a ton of points on test day.

During this week, you'll:

- Maximize your Science skills by focusing on high-SmartPoints topics
- Lay the groundwork for success in English and Math by studying high-SmartPoints topics
- Master the foundations of strategic Reading

#### Week 2

English and Reading	Math	Science
<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 3:</b> Spotting and Fixing Errors</li><li>❑ <b>Chapter 16:</b> ACT Reading Passage Strategies</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 8:</b> Number and Quantity</li><li>❑ <b>Chapter 10:</b> Algebra</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 23:</b> Data<ul style="list-style-type: none"><li>❑ Data Representation Passages</li><li>❑ Detail and Interpretation Questions</li><li>❑ Calculation and Inference Questions</li></ul></li></ul>
<p><u>Optional:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 17:</b> ACT Reading Question Types</li></ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 9:</b> Rates, Ratios, Proportions, and Percents</li></ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 25:</b> Thinking Like a Scientist<ul style="list-style-type: none"><li>❑ Conflicting Viewpoints Passages and Evaluating Hypotheses Questions</li></ul></li></ul>

1 Month Study Plan, Most Confident in Science, More than 5 Hours per Week



## **WEEK 3**

### **Areas of Opportunity and Practice Test**

Now it's time to dig into some challenging topics. You can do this! Your goal is not to learn everything about, say, geometry or punctuation, but rather to learn the most commonly-tested ACT concepts and to familiarize yourself with questions in that category.

It's also time for some authentic practice. Taking a practice test under real test-like conditions is the best way to solidify what you've learned and to practice test-taking strategies. Plus, your results will help you make a plan for your remaining study time until test day.

#### **Tips for Taking Practice Tests:**

Make the practice test count! Time yourself, eliminate distractions, and use your test-taking strategies (see Chapter 1), just as you would for the real test. Practice using the Methods for each test section (English, Math, Reading, and Science) on every question—even if doing so takes more time now, practicing will improve your speed so the Methods are second nature on the real test day.

After finishing the practice test, it is vital that you *review your results*. Dig into each question—think not only about why you got a question correct or incorrect but also about whether you approached the question strategically. For each question, ask yourself: What can I learn about this type of question? After reviewing, use your test results to help you plan what to study until test day.

During this week, you'll:

- Take a practice test
- Review the practice test
- Improve your performance on your areas of opportunity on each section of the test



### Week 3

Overall Study	English and Reading	Math	Science
<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Practice Test</b> (in-book) with optional essay</li> <li><input type="checkbox"/> Review <b>Practice Test</b></li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 18:</b> Answering ACT Reading Questions</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 13:</b> Geometry</li> <li><input type="checkbox"/> Review chapter(s) based on practice test results</li> </ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 24:</b> Experiments</li> </ul> <p><b>Choose one or both:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Research Summaries and Design Methodology Questions</li> <li><input type="checkbox"/> Synthesizing Data Questions</li> </ul>
	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 4:</b> Spotting and Fixing Issues</li> </ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 11:</b> Tables, Graphs, Statistics, and Probability</li> <li><input type="checkbox"/> <b>Chapter 12:</b> Functions</li> </ul>	<p><u>Optional:</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Chapter 25:</b> Thinking Like a Scientist</li> <li><input type="checkbox"/> Applying Core Knowledge Questions</li> </ul>



## WEEK 4

### Strengths Focus

You've worked so hard! There's only one week left, but you are well-situated for success. Now things get kind of fun: take those topics you're awesome at, and get more awesome at them before test day! Celebrate your successes and take this opportunity to get even better. You'll also learn section management strategies for each section of the ACT. Finally, do some light practice leading up to the big day.

During this week, you'll:

- Focus on your strongest topics to build confidence for test day
- Learn section management strategies for each section of the ACT

#### Week 4

Overall Study	English and Reading	Math	Science
<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 28:</b> Countdown to Test Day</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 5:</b> ACT English: Timing and Section Management Strategies</li><li>❑ <b>Chapter 21:</b> ACT Reading: Timing and Section Management Strategies</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 14:</b> ACT Math: Timing and Section Management Strategies</li><li>❑ Review strengths chapter(s) based on practice test results</li></ul>	<p><u>Recommended:</u></p> <ul style="list-style-type: none"><li>❑ <b>Chapter 26:</b> ACT Science: Timing and Section Management Strategies</li><li>❑ Review strengths chapter(s) based on practice test results</li></ul>
	<p><u>Optional:</u></p> <ul style="list-style-type: none"><li>❑ Review strengths chapter(s) based on practice test results</li></ul>		

Congratulations! You've put in the **energetic, productive** effort to complete your **focused** review of the ACT, following the way of the **Adept Analyst**. Feel confident in your expert preparation!

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